

The EMR Network

Citizens and Professionals for the Responsible Use of Electromagnetic Radiation

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Campaign for Radiation-Free Communities: Places People Call Home

May 01 2021

An Open Letter to Health Practitioners,

Physicians, Network Chiropractors, Chiropractors, Naturopaths,
Homeopaths, Psychologists, Psychotherapists, Traditional Acupuncturists,
Ayurveda Practitioners, Massage Therapists, Tai Chi Practitioners, Dentists,
Physician Assistants, Nurse Practitioners...

Dear Health Practitioners,

Because you care about the health of your patients, yourself, your family and the Earth, this is to inform you that you may inadvertently have allowed the installation of a harmful technology in your healing space. After viewing a video by [Dietrich Klinghardt, M.D.](#), Dr. Deborah Diamond of the Network Healing Center of Acton Massachusetts became concerned about the [WiFi](#) she and her husband, Dr. Barry Diamond, had installed in their office. She had this to say about her decision to return to a wired system:

"As a Chiropractor practicing for 22 years I computerized my office a number of years ago and due to having a number of computer workstations we have used Wi-Fi to network them together along with our I-Pads for Sign-In. As I have learned more about the dangers of wireless radiation I am concerned about how this exposure will affect the health of the doctors, staff and patients.

There are people who are very sensitive and aware that wireless radiation is making them ill and then there are the rest of us who are unaware of the detrimental effects it may be having on us. I find that I cannot hold my cell phone for more than a minute or two without feeling the energetic effect on my hand and arm and I am sure that being generally bathed on WIFI Signals are subtly affecting the function of my body and Nervous System.

Although this process will involve some financial investment to hardwire our computers to each other in different rooms it will be well worth it to insure a cleaner and healthier electromagnetic environment for all of us in the office, and if we are trying to help to rebalance our patient's bodies it does not make sense to be creating a source of electromagnetic radiation that is avoidable. Even though it may be profuse in public spaces I believe it will make a difference if we can control it in the spaces that we spend the most time, and in the space that we are holding as a healing space for others."

[Thousands of peer-reviewed scientific studies](#) show that exposure to microwave radiation (at power levels and frequencies one would be exposed to from Wi-Fi and other wireless antennas) causes multiple biological harms. The news media focus solely on the evidence for cancer risk, as if that were the only possible consequence of exposure to microwave radiation. Wireless radiation has also been shown to cause: neurological changes; breakdown of the Blood Brain Barrier (which protects the brain from harmful substances); short-term memory loss; immune function impairment; decrease in reproductive function; sleep disruption; less developed attention capacity; and slower reaction time in children and adults.

Based on your mission to support the health of patients (the word “patient” comes from the Greek meaning long suffering) you certainly would not want to add to that suffering by having a harmful technology in your office. We are writing to provide information and education about the adverse health impacts of exposure to the wireless radiation emitted by Wi-Fi routers, cell phone antennas, cell phones, tablets, and other wireless devices with an emphasis on [WiFi](#). There is strong evidence that wired internet, such as a hard-wired cable fiber optic connection, is far superior to wireless internet not only in terms of health but also reliability, security and sustainability. [Adaptors to allow wiring of iPads are available](#).

A report published by the National Institute for Science, Law and Public Policy [“Re-Inventing Wires: The Future of Landlines and Networks”](#) recently made a strong case for installing community fiber instead of wireless internet access technologies, and we think “communities” should include health communities. As people concerned about our health and the health of the environment, we ought to be hard-wiring our offices for internet access to meet the vast majority of our needs. Not only does this approach avoid health risks from radiation, [but it is preferable in terms of speed of access, reliability, privacy, quality of voice communications, value, resiliency in weather events, and reduced energy usage](#). Anyone who considers him or herself an environmentalist or is concerned about global warming will want to understand the extreme energy guzzling nature of wireless technologies. “Energy Consumption in Wired and Wireless Access Networks”; Jayant Balgia, University of Melbourne and National ICT Australia and Robert Ayre, Kerry Hinton, Rodney S. Tucker, University of Melbourne. IEEE Communications Magazine, June, 2011

The first medical conference exclusively focused on exposure to wireless radiation was held in Santa Cruz, CA in September of 2020 and the second annual conference was held virtually in January of 2021. The second conference, entitled [“The EMF Medical Conference 2021”](#) featured physicians, researchers and policy makers addressing the health impact of wireless technologies in order to teach practitioner-attendees what symptoms to look for when seeing their patients.

[The American Academy of Pediatrics \(AAP\)](#), the largest US organization of children’s doctors, has repeatedly written to the US government that current regulations on cellular radiation are outdated and not protective for children and pregnant women. Their web page includes an Egyptian study that confirmed living nearby mobile phone base stations increased the risk for developing headaches, memory problems, dizziness, depression and sleep problems.

In “The Dangers of Electropollution,” [Joy Carlson](#), MPH, cofounder of the Children’s Environmental Health Network, US, states: “The explosion of wireless technology has brought with it a totally new form of dangerous radiation called electropollution. Humanity is now exposed to more than 100 million times more radiation than just two decades ago...It is an invisible danger that has no sound or smell but is creating chaos with all of our cells. In less than two decades, one third of the global village has embraced this new technology, spawning the multi-million-dollar wireless communications industry. From cell phones to hot spots to entire wireless cities, rarely has a technology so rapidly and so profoundly transformed the world.

“The 100 trillion cells of the body communicate with each other by subtle low electromagnetic signals as well as through chemical reactions. Continuous exposure to electromagnetic radiation can drastically distort and disrupt these cellular communications pathways, resulting in abnormal cellular metabolism and eventually disease.

Electropollution profoundly compromises the normal intercellular communication of the body. Cell function deteriorates, cell membranes harden, causing a shutdown of the cells. Now nutrients cannot get in and toxins cannot get out. Over time this leads to toxin and free radical buildup, genetic mutation, premature aging, illness and disease.”

According to the [BioInitiative Report 2012, 2006 \(with updates through 2020\)](#), comprised of evidence from over 2,000 international scientific studies on the adverse health effects of regular and continuous exposure to microwave radiation, the weight of evidence pointing to the need for stronger US public safety standards for exposure to wireless antennas and devices *exceeds* the weight of evidence that linked smoking with lung cancer when public warnings were issued about the hazards of cigarette smoking.

[The International EMF Scientist Appeal](#) was submitted to the United Nations, the World Health Organization and the UNEP Environment Programme in 2015. It is signed by 244 scientists from 41 nations, all of whom have published papers showing biological and adverse health effects from wireless technologies far below the U.S. Federal Communications Commission (FCC) safety threshold. The signatories call for the UN to investigate this matter and recommend, in part: protection of children and pregnant women; strengthened guidelines and regulatory standards; development of safer technology; maintenance of adequate power quality and proper electrical wiring by utilities; dissemination of public health information and harm reduction strategies; medical education and training; establishment of independent, sustained government research programs; media disclosure of EMF expert’s financial ties to the wireless industry; and designation of white zones (radiation-free areas). The Advisors to the Appeal recommend that 5th Generation Wireless (i.e., 5G) should be investigated to assess potential health impacts before it is deployed.

Many countries and institutions have taken steps to reduce exposure to wireless radiation in favor of protecting their communities. Please see the following website for specific information on these actions: <http://manhattanneighbors.org/wifi-cell-phone-related-international-actions-a-sampling/>

Reaching scientific consensus on any matter of public health is a long and complex process. Policy makers need to come up to speed on the science and then pass public health policy. Meanwhile, there is **sufficient information to cause us to pause, practice precaution and, if wireless systems are already in place, install wired to the extent possible.** For more information visit: www.emrnetwork.org , www.electromagnetichealth.org , <https://ehtrust.org/science/medical-doctors-consensus-statements-recommendations-cell-phoneswireless/> , <http://emfsafetynetwork.org> , <http://manhattanneighbors.org> .

Please contact us with your email address in order to receive an electronic copy of this letter which will allow you to directly link to the citations. Also, please let us know if you have any questions about the content of this letter and if we can help you in any way to wire up your practice space.

Sincerely,

Virginia Hines, PA, M.A., LMHC,

On behalf of the Board,

The EMR Network

*Educating people on the health impacts of
electromagnetic radiation since 1998*

www.emrnetwork.org

[Campaign for Radiation-Free Communities: Places People Call Home](#)

